

## **Mavis Stoner – IPHA President - 1980**

Delightful to hear from you and the plans for IPHA. It was one of the most enjoyable meetings of my life in Public Health Nursing. There were so many meetings.

When I was IPHA President I received a call from APHA in D.C. to speak for 10 minutes regarding our “newsletter”. I’m not sure we produced one on a regular basis. Evidently I did write the one you forwarded to me in your letter. Thank You! I didn’t feel I had much to say. She would not take no for an answer. When it was my turn to speak I was brief about our newsletter. Therefore and to wit I talked about life in a town of less than 400 in Iowa. My husband owned the grocery store at the time. I would stop by and observe what people were eating for supper. (We weren’t sophisticated enough for breakfast, lunch and dinner) They seemed to hear the humor in my remarks and I heard lots of laughter. The president of Arizona’s PHA came over and said – “If we had money I would book you for our annual meeting.” Fun to hear.

When I attended IPHA in Detroit I connected with Hawaii PHA President and other affiliates. When IPHA meeting came during my presidency, she sent me a beautiful lei of lavender orchids. I wore beige the night of the banquet. Awesome!

An aside-my husband died unexpectedly in 1984. (Overdosed on Camel cigarettes and fatty T-bone steaks). The next year at IPHA I was very sad. Dr. Currier came over and expressed his condolences, and a little kiss on the cheek. How kind and supportive.

On a personal note, I am almost 82 years old. My M.D. thinks I do well for my age. I work on my cholesterol and triglycerides, they are getting closer to okay. However, my dad lived to 85 and my mother to 95. If I hit in between I’ll be satisfied. The Bible gives us 3 scores and 10. I live on bonus time. Having Stoner grandchildren 20, 18, 13, and Adams twins 9, they keep me young on this journey of life. My peers have great grandchildren. I prefer none until they are in their 30s. so be it!

