LEARNING OBJECTIVES

▪ Describe unique challenges immigrants and refugees face in accessing health care services in central Iowa;

▪ Apply principles of best practice in stakeholder collaboration between public health and health care delivery systems at the community level;

▪ Prioritize public health interventions for improved community health in targeted populations.
PURPOSE

To understand the patient/client perspective
  ▪ Health inequities and delivery of services
  ▪ Challenges and barriers

To examine models of care
  ▪ Access to services
  ▪ Identify successful stakeholder collaboration
BACKGROUND

▪ Changing demographics

▪ Challenges for the public health and health care systems within locales where immigrants and refugees live or work

▪ Midwest communities able to provide culturally sensitive and linguistically appropriate services to micropopulations©
METHODS

▪ Semi-structured interviews and focus groups about health care preferences and barriers for immigrants and refugees

▪ Patients living or working Dallas County Iowa public health professionals, health care providers, and community leaders
RESULTS: BARRIERS

- Finances and financial illiteracy
  - Third party insurance
  - ACA issues
- Functional access
  - Transportation
  - Childcare
  - Time off work
RESULTS: CHALLENGES

▪ Communication
  ▪ English language translation/interpretation

▪ Health literacy
  ▪ Education and self-management
  ▪ Medication
  ▪ Patient preferences

▪ Aging population
RESULTS: OPPORTUNITIES

- Coordination of care across boundaries
- Building knowledge of health and wellness through community programs
- Community health workers
- Collaboration between K-12 and higher education with providers
- Collaboration between PH and employers
SOCIAL DETERMINANTS OF HEALTH

Iowa - 2013 Overall

- Ranking: 18
- Outcomes Rank: 13
- Determinants Rank: 22
- Overall Rank: 18
- Diabetes Rank: 23
- Smoking Rank: 18
- Obesity Rank: 39

http://www.americashealthrankings.org/IA#sthash.Yq7rV93X.dpuf
LOCAL DATA FOR LOCAL SOLUTIONS

- Dallas County: 11th vs Polk County 59th
MEASURE OF AMERICA

- Human Development Index (HDI)
  - Health
  - Education
  - Income

- State v. zip code

  [http://measureofamerica.org/maps/?area=States&race=All&sex=All&year=Year2012&index=HD%20Index&arealID=States_19](http://measureofamerica.org/maps/?area=States&race=All&sex=All&year=Year2012&index=HD%20Index&arealID=States_19)
SUMMARY

- Barriers and challenges require multifactorial approach
- Building capacity within the workforce includes bridge programs between education and health care entities
- Opportunities exist to collaborate across typical boundaries
2014 PROJECT: COMMUNITY SURVEY

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