

Brittany Schwartz

-Bismarck, North Dakota

-Creighton University, major in Psychology

-Fun Facts: I am currently a student at Creighton University and will be graduating in May 2012. I plan on furthering my education after graduation in hopes of pursuing a career in public health. In addition, I am very involved as a member of the NE Gamma chapter of Pi Beta Phi on Creighton's campus.

At FAMILY, located in Council Bluffs, Iowa, there are actually two AmeriCorps members, allowing me to directly share all my new and exciting experiences. The last few months have really just flown by, filled with weekly Hands-On Parenting groups and the monthly Car Seat Checks. In October, I started a nutrition training course that focuses on using Iowa's Pick a better snack curriculum in efforts to educate parents and their families about the impact of food choices on a child's development. After only a few weeks, members of the FAMILY staff incorporated these lessons into their usual home visits. In addition, I have been helping Alejandro, the other AmeriCorps member, with Walk this Way and Safe Kid events. A few long term plans are to be involved with Council Bluffs Community gardens and further the nutrition classes into beginners cooking classes for families that focus on healthy recipes and lifestyles.